

Manalapan
Senior
Center

NEW

ZEN-ART WORKSHOP FOR THE NON-ARTIST

MONDAY, MARCH 2
1:00 PM - 2:30 PM
Community Center Bldg.

***MAKEUP OF 2/23 SESSION**

If you think you “can’t draw,” you’re in exactly the right place. In Zen-Art, there are no mistakes; simple lines and shapes slowly develop into flowing patterns that form both abstract and realistic designs. The emphasis is on relaxation, creativity, and enjoyment rather than perfection. This gentle, beginner-friendly class invites you to discover the calming practice of Zen-Art—no prior drawing experience required. You will explore easy techniques that encourage focus, reduce stress, and support confidence in making art at any stage of life.



REGISTER IN
PERSON OR CALL
732-446-8401
*SPACE IS LIMITED

*Supplies will be provided
for use during workshop