

Manalapan  
Senior  
Center

NEW

# ZEN-ART WORKSHOP FOR THE NON-ARTIST

WEDNESDAY, FEBRUARY 25  
10:00 AM - 11:30 AM

\*Old Senior Center - 211 Route 522

**\*added a second class for wait list**

If you think you “can’t draw,” you’re in exactly the right place. In Zen-Art, there are no mistakes; simple lines and shapes slowly develop into flowing patterns that form both abstract and realistic designs. The emphasis is on relaxation, creativity, and enjoyment rather than perfection. This gentle, beginner-friendly class invites you to discover the calming practice of Zen-Art—no prior drawing experience required. You will explore easy techniques that encourage focus, reduce stress, and support confidence in making art at any stage of life.



REGISTER IN  
PERSON OR CALL  
732-446-8401  
\*SPACE IS LIMITED

\*Supplies will be provided  
for use during workshop