



# MANALAPAN SENIOR CENTER

## Senior Safety & Fall Prevention Workshop

**Thursday, October 16, 2025  
11:00 am**

**MANALAPAN COMMUNITY CTR.  
114 RT. 33 WEST**

The purpose of this workshop is to increase independence and decrease falls, along with discussing driving and pedestrian safety tips. The workshop is fun and interactive, and designed to educate seniors on ways to be safe at home and in the community.

**RSVP**  
by 10/10/25  
in person or call  
**732-446-8401**



**Brain Injury  
Alliance**  
NEW JERSEY