



Manalapan Senior Center

RECONNECT & RECHARGE



Find Your Balance, Mind & Soul

- Meditation Session
- Breath Workshop
- Sound Healing



Tuesday, July 15, 2025 at 11:00 am

Manalapan Community Center
114 Rt 33 West, Manalapan , NJ 07726

Space is limited. Registration required.
RSVP by July 8.

Register in person or call 732-446-8401



Caregiver
Volunteers
of Central
Jersey

