



Manalapan Senior Center

Mental Health

BINGO

**WEDNESDAY, MAY 28
10:00 AM**

**MANALAPAN COMMUNITY CTR.
114 ROUTE 33 WEST**

Join us for a fun and engaging Mental Health Bingo event hosted by Exceptional Wellness Counseling! A licensed clinician will be there to share actionable tips often provided during therapy sessions—all while we play a light-hearted round of bingo that sparks meaningful conversations about mental wellness.

🎁 Small prizes will be awarded to our Bingo winners, and we'll be serving Dunkin' coffee and donuts to keep things cozy and enjoyable.

**RSVP by 5/21 in person or
call 732-446-8401
(Space is Limited)**



EXCEPTIONAL
WELLNESS
COUNSELING
MANALAPAN | SHREWSBURY