



# MANALAPAN SENIOR CENTER PRESENTATION & BREAKFAST

## DOWNSIZING: IT'S NOT JUST ABOUT THE STUFF

**THURSDAY, AUGUST 8, 2024 AT 10:00 AM**

Downsizing can be a daunting task, but with careful planning and a strategic approach, it can be a rewarding experience. This presentation will guide you through the process, from initial decluttering to creating the perfect downsized home. We'll cover practical tips for organizing your belongings, making tough decisions about what to keep and what to let go, and maximizing the value of your possessions. By the end of this presentation, you'll feel confident and prepared to embark on your downsizing journey with ease and excitement.



**Register by:  
Friday, August 2nd**

**Register in person at  
the Community Center  
or call 732-446-8401**

