

# MONMOUTH COUNTY 2023 SENIOR AREA PLAN PUBLIC SURVEY

The Monmouth County Office on Aging distributes funding to agencies and government entities to support senior services under the federal mandate of the Older Americans Act. The five service areas are: access services, nutrition, in-home support services, community support, and caregiver services. In order to receive funding for these services for Monmouth County residents, the Office on Aging is required to submit a yearly area plan to the NJ Division of Aging Services that addresses these service areas. We encourage public input to assist in our survey to better serve Monmouth County seniors.

## Demographic Information

### 1. Age range

- ☐ 60 – 69
- ☐ 70-79
- ☐ 80-89
- ☐ 90 and older

### 2. Race/Ethnicity

Check ALL that apply:

- ☐ Asian
- ☐ Black
- ☐ Hispanic/Latino
- ☐ White
- ☐ Other: \_\_\_\_\_

### 3. Gender

- ☐ Female
- ☐ Male
- ☐ Identify as: \_\_\_\_\_
- ☐ Choose not to disclose

### 4. Living arrangement

- ☐ Alone
- ☐ With others

### 5. Primary language

- ☐ English
- ☐ Spanish
- ☐ Other: \_\_\_\_\_

### 6. Veteran Status

- ☐ Yes
- ☐ No
- ☐ Spouse of Veteran

## What do you feel will be your greatest challenges as you age in your home?

### 1. Home living - (choose 2)

- ☐ Chores & house keeping
- ☐ Grocery shopping
- ☐ Preparing meals
- ☐ Taking medication as prescribed
- ☐ In-Home assistance with bathing, dressing

### 2. Financial/Home Management - (choose 2)

- ☐ Ability to manage finances independently
- ☐ Financial means to remain living at home (*taxes, utilities, rent, mortgage...*)
- ☐ Cost of home repairs
- ☐ Ability to pay for medical costs (*Insurance, medications*)

### 3. Socialization/Recreation - (choose 2)

- ☐ Living far from family
- ☐ Living alone
- ☐ No neighbors/friends for socialization
- ☐ Unable to access recreation activities in my area

### 4. Mental Health - (choose 2)

- ☐ Grief/loss of spouse/loved one(s)
- ☐ Depression
- ☐ Anxiety
- ☐ Isolation and loneliness
- ☐ Substance abuse

### 5. Physical and Cognitive Health - (choose 2)

- ☐ Chronic health issues
- ☐ Memory loss/confusion
- ☐ Falling (loss of balance)
- ☐ Access to health care providers

### 6. Caregiver- caring for family - (choose 2)

- ☐ Not applicable
- ☐ Emotional & physical stress
- ☐ Lack of self-care (sleep, etc.)
- ☐ Caregiver isolation/ lack of support
- ☐ Compassion fatigue

**7. Transportation concerns - (choose 2)**

- ☐ Driving/Loss of Independence
- ☐ Affordable transportation
- ☐ Available transportation to meet my needs
- ☐ No local family/ friends to assist me

**Food Insecurities**

**Within the past 12 months was money for food a concern?**

- ☐ Often true
- ☐ Sometimes true
- ☐ Never true

**Funding Priorities**

Identify the **top 5 services** that Monmouth County Division on Aging **should prioritize** if funding was reduced or eliminated?

- |   |   |
|---|---|
| <input type="checkbox"/> Transportation                     | <input type="checkbox"/> Home repairs and accessibility modifications |
| <input type="checkbox"/> Home delivered meals               | <input type="checkbox"/> Legal Services                               |
| <input type="checkbox"/> Nutrition Sites                    | <input type="checkbox"/> Grandparents support Programs                |
| <input type="checkbox"/> Personal and In-home Care Services | <input type="checkbox"/> Caregiver support/ Education                 |
| <input type="checkbox"/> Health Education Programs          | <input type="checkbox"/> Health screening and assessments             |
| <input type="checkbox"/> Physical Fitness                   | <input type="checkbox"/> Senior Centers                               |
| <input type="checkbox"/> Evening/Weekend Programming        | <input type="checkbox"/> LGBTQQIAAP Support Services                  |

**Comments**

**Do you have any questions, concerns or comments regarding programs and services available to older adults?**

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**Please return this survey to Division on Aging, 3000 Kozloski Rd. Freehold NJ 07728**

If you would like more information about services offered through the Monmouth County Division on Aging,  
Disabilities & Veterans Services  
Please call: 732-431-7450  
8:30-4:30 Monday-Friday