

October 3rd, 2021

Save The Date

A Community 5k in Manalapan



First Responder Appreciation

5k Run / Walk

Coordinated through a partnership by the
Gordons Corner Fire Company & Manalapan
Recreation Department

October 3rd, 2021 be part of a 5k Community Event and show your support to Manalapan's First Responders. Join us and show your appreciation for our Police, Firefighters, and EMS personnel.

Participants will run or walk from the Manalapan Police Station to the Gordons Corner Fire House.

Cost is \$25 and all registered by September 20, 2021 will receive a T-Shirt.

Groups discounts are available for 12 or more registering at the same time.

Sponsorships signs are available for \$35.

Manalapan Parks & Recreation is running a get in shape program called "Couch to 5k" to help residents prepare for the event. This is a hybrid event (in-person and self-monitored) geared for all ages & fitness levels that starts in July.

For More Information:

BE PART OF SOMETHING GREAT

Check www.gcfire.org or email 5k@gcfire.org

Call Event Organizer Eric Nelson 732-580-4738