

Alcohol Quiz

How long does it take for alcohol to affect the brain?

90 seconds

What blood alcohol concentration level is considered legally "intoxicated" all most states?

.08%

How long must a person wait after drinking before he or she is totally sober?

One hour for each drink consumed

Which of the following is a special concern for teenagers in alcohol abuse?

Bone and muscle damage

What is "tolerance" of alcohol?

It is the need for increasing amounts of alcohol before feeling any effects.

Amphetamines Quiz

Amphetamines are:

Psychomotor stimulants

About how many 10th and 12th graders have ever used amphetamines without a prescription?

15%

Which of these is one of the most common street names for amphetamines?

Speed

What can cause death in amphetamine abusers from their first use?

Burst blood vessels in the brain

Cocaine Quiz

What has been the most common way of using cocaine over the years?

Sniffing

How long does a high from powder cocaine last?

Half an hour

Which of the following is a common sign of cocaine use?

Talkativeness and alertness

Which of the following can cocaine abuse cause?

Brain Infections

Inability to control urination and/or bowel movements

Miscarriage if used during pregnancy

Collapse of nasal tissue requiring surgery

Ecstasy Quiz

What is a more accurate name for "Ecstasy?"

MDMA

Ecstasy contains a stimulant and a _____.

Hallucinogen

How is Ecstasy usually taken?

As a white or bright-colored tablet

What two effects most commonly threaten Ecstasy users' lives?

High body temperature and dehydration

GHB, Rohypnol & Ketamine Quiz

GHB is:

A depressant

GHB has these qualities:

Colorless, odorless, salty

Rohypnol's manufacturer has made a new version that does what?

It turns blue and dissolves slowly in liquid.

How quickly does Ketamine cause loss of control and/or unconsciousness?

Less than one minute

GHB overdose:

Causes vomiting, headache, unconsciousness, and fatal respiratory arrest.

Hallucinogens Quiz

How long does an LSD "trip" last?

Six to twelve hours

"Flashbacks" may occur:

More than a year after using LSD

What is currently the most common way that PCP is used?

Tablets are swallowed

Herion Quiz

How long does the initial "rush" from heroin last?

One or two minutes

Which of the following are symptoms of heroin withdrawal?

Tremendous anxiety.
Muscle cramps and spasms.
Vomiting and diarrhea.
Chills and goose bumps.

Which of the following statements is true about heroin overdose?.

80% of users inject with a partner, yet 80% of overdose victims found by paramedics are found alone.

What does pure heroin look like?

It is a fine white powder.

Inhalants Quiz

Which of the following is not a factor in that makes inhalant abuse difficult to control?

There are no good warning signs that someone may be using.

In what age group does inhalant abuse peak?

7th to 9th grade

How do the largest group of people killed by inhalant abuse die?

Sudden heart failure

What causes Sudden Sniffing Death?

A surprise during use causes a rush of a hormone that stops the heart.

What effect does inhalant abuse have on the brain?

It shrinks the brain and dissolves the fat that coats the brain cells.

Why should you avoid catching an inhalant abuser "in the act"?

The surprise could cause sudden death.

Marijuana Quiz

How long does it take for marijuana to reach peak levels in the brain?

10 minutes

How long after smoking marijuana are mental and physical abilities weakened?

Twenty-four hours

Does marijuana deposit tar in the lungs, the way tobacco smoking does?

Yes, about five times as much as tobacco.

Methamphetamine Quiz

Besides being smoked, methamphetamine may be:

Injected
Snorted
Swallowed

A methamphetamine experience lasts about how long after the initial rush?

Six to twelve hours

Which of the following does short-term methamphetamine cause?

Increased physical activity
Uncontrollable jaw clenching
Nausea, vomiting, and diarrhea
Seizures

Oxycontin Quiz

OxyContin® is closely related, chemically, to which illegal drug?

Heroin

Doctors prescribe OxyContin® to treat:

Severe pain

If someone dies from OxyContin® overdose, what is it that kills him or her?

Respiratory depression

By what percentage have oxycodone-related emergency room visits increased since OxyContin® was introduced in 1996?

400%

Sedatives, tranquilizers & analgesics Quiz

Benzodiazepines are used to treat:

Convulsions
Anxiety
Insomnia
Muscle spasms

Opioid analgesics (painkillers) are related to which illegal drug?

Heroin

Which of the following are effects of barbiturate or benzodiazepine abuse?

Poor coordination and falling
Mood swings
Slowed breathing rate
Addiction

Which of the following are effects of opioid painkiller abuse?

Temporary sense of well-being
Nausea and vomiting
Constipation
Liver damage

How do most addicts get in trouble with barbiturates, benzodiazepines, or opioids?

After an injury or illness

What substance is most often deadly if used with benzodiazepines, opioids, or especially barbiturates?

Alcohol

Steroids Quiz

How are illegal steroids taken?

Tablet, injection, or cream

What is "stacking"?

Taking more than one different steroid at a time

Which group of people has recently started abusing steroids in greater numbers?

Young women

Which of the following fatal effects can steroid abuse cause?

Heart attacks
Liver cancer
Kidney disease

Which of the following is a psychological symptom commonly caused by steroid abuse?

Depression and irritability
Paranoia
Mania and aggression