# Township of Manalapan board of health

120 Route 522 • Manalapan, NJ 07726 • 732-446-8345 • Fax 732-446-1576

Website: www.mtnj.org



## May 15<sup>th</sup>- 21<sup>st</sup> is National Hurricane Preparedness week

### What is a Hurricane

Hurricanes are massive storm systems that form over the water and move toward land. Threats from hurricanes include high winds, heavy rainfall, storm surge, coastal and inland flooding, rip currents, and tornadoes. These large storms are called typhoons in the North Pacific Ocean and cyclones in other parts of the world. We have recently been affected by Hurricane Sandy. Hurricane Sandy is resposible for 285 people. We are still recovering from Hurricane Sandy that's how distructive it was.

## How to prepare for a hurricane

- Build an emergency kit and a family comunication plan
- Learn the elevation level of your property and whether the land is flood-prone. This will help
  you know how your property will be affected when storm surge or tidal flooding are forecasted
- Identify levees and dams in your area and determine whether they pose a hazard to you
- Learn community hurricane evacuation routes and how to find higher ground. Determine where you would go and how you would get there if you needed to evacuate
- Cover all of your home's windows. Permanent storm shutters offer the best protection for windows. A second option is to board up windows with 5/8" exterior grade or marine plywood, cut to fit and ready to install. Another year-round option would be installation of laminated glass with impact-resistant glazing. Tape does not prevent windows from breaking
- Be sure trees and shrubs around your home are well trimmed so they are more wind resistant
- Reinforce your garage doors; if wind enters a garage it can cause dangerous and expensive structural damage
- Plan to bring in all outdoor furniture, decorations, garbage cans and anything else that is not tied down
- Install a generator for emergencies
- If in a high-rise building, when high winds are present, be prepared to take shelter on a lower floor because wind conditions increase with height, and in a small interior room without windows. When flooding may be occurring, be prepared to take shelter on a floor safely above the flooding and wave effects.
- Consider having a safe room installed

## What to do after a hurricane

- Continue listening to a NOAA Weather Radio or the local news for the latest updates.
- Stay alert for extended rainfall and subsequent flooding even after the hurricane or tropical storm has ended.
- If you evacuated, return home only when officials say it is safe.
- Drive only if necessary and avoid flooded roads and washed out bridges.
- Keep away from loose or dangling power lines and report them immediately to the power company.
- Stay out of any building that has water around it.
- Inspect your home for damage. Take pictures of damage, both of the building and its contents, for insurance purposes.
- Use flashlights in the dark. Do NOT use candles.
- Avoid drinking or preparing food with tap water until you are sure it's not contaminated.
- Check refrigerated food for spoilage. If in doubt, throw it out.
- Wear protective clothing and be cautious when cleaning up to avoid injury.
- Watch animals closely and keep them under your direct control.
- Use the telephone only for emergency calls.

For more information contact the Manalapan Township Health Department:

#### **Hours:**

Monday-Friday, 8:30 a.m. - 4:30 p.m.

#### Location:

Manalapan Town Hall 120 Route 522 & Taylors Mills Road, Manalapan, NJ 07726

**Phone**: (732) 446-8345 **Fax**: (732) 446-1576