

# Manalapan Parks and Recreation is proud to offer



**USsportsInstitute.com**



US Sports Institute enables each camper to grow in an atmosphere that promotes integrity, self-esteem, positive values and good sportsmanship.

USSI is dedicated to delivering quality outdoor programs, where children will not only have great fun but also learn that “character” really counts!

**Fridays, April 20 through June 8**

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| <p><b>Parent &amp; Me Squirts (ages 2-3)</b><br/>                 Ideal for any child just starting out in the world of sport, this program introduces children to a new sport each session. With a helping hand from Mom or Dad, children will have the opportunity to try soccer, lacrosse, basketball, T-ball, floor hockey, flag football and more!<br/> <b>Time: 4:00 p.m. – 5:00 p.m.</b><br/>                 OR<br/> <b>5:00 p.m. – 6:00 p.m.</b><br/> <b>Fee: \$169.00 per child</b><br/>                 \$5.00 sibling discount for the same camp!</p> | <p><b>Total Sports Squirts (ages 3-5)</b><br/>                 Experience a new sport each week of the program with Sports Squirts. Participants will have the opportunity to try lacrosse, soccer, basketball, t-ball, floor hockey, flag football, parachute games and more in a safe, structured environment.<br/> <b>Time: 5:00 p.m. – 6:00 p.m.</b><br/>                 OR<br/> <b>6:00 p.m. – 7:00 p.m.</b><br/> <b>Fee: \$169.00 per child</b><br/>                 \$5.00 sibling discount for the same camp!</p> | <p><b>Senior Squirts (ages 5-7)</b><br/>                 The perfect stepping stone for children who have already completed one of USSI's Sports Squirts programs or for children who are looking for their first ever sports experience.<br/> <b>Time: 4:00 p.m. – 5:00 p.m.</b><br/>                 OR<br/> <b>6:00 p.m. – 7:00 p.m.</b><br/> <b>Fee: \$169.00 per child</b><br/>                 \$5.00 sibling discount for the same camp!</p> |
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**Where: Manalapan Recreation Center, Expansion fields  
 Open to Manalapan/Englishtown residents only!**

Space is limited to ensure a quality program.

It is recommended that appropriate clothing for sporting activities and sneakers be worn.

Program will be canceled if minimum registration numbers are not met.

Register with credit card online at <https://register.communitypass.net/manalapan>

Or go to [WWW.MTNJ.ORG](http://WWW.MTNJ.ORG) for mail-in registration.

Go to [WWW.USsportsInstitute.com](http://WWW.USsportsInstitute.com) for program information.

Call (732)446-8355 for registration information

**Manalapan Recreation Keeps You Fit For Life!**