

Manalapan Parks and Recreation presents

ZUMBA KIDS

Zumba Kids features music, rhythms, and beats along with Zumba choreography broken into kid-friendly routines. Giving children an outlet to jump, dance, shake, and swing their hips, it's the perfect recipe for fitness fun. Zumba Kids also adds age-appropriate games and activities, helping children gain coordination, self-confidence, overcome fears, learn about teamwork, and much more. Follow along songs, music games, as well as routines that are broken down will all be part of the classes. Participants will be encouraged to cheer each other on, sing, and just have fun! It's a great way to get your kids moving during these cold winter days!

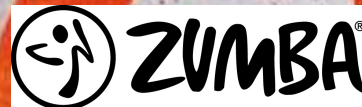
6 sessions: Thursdays: 4:15 – 5:00 pm

Feb. 20, 27 Mar. 5, 19, 26 Apr. 2

Registration for all 6 classes \$85
for resident kids ages 7-11

Classes led by Kristine Scharaldi

**Held at the Manalapan Community Center
114 Rt. 33 West, Manalapan, NJ 07726**



Register online at:

[HTTPS://REGISTER.COMMUNITYPASS.NET/MANALAPAN](https://register.communitypass.net/manalapan)

Or register with cash/check at the Recreation office: 93 Freehold Rd.
www.mtnj.org or 732-446-8355

